

It's easy to save on health care expenses with Careington

Physician Visits

- Savings average from 20% to 45% with service to millions of patients annually
 - PHCS is the largest proprietary PPO in the country with nationwide access to over 525,000 professionals and over 66,000 ancillary providers
- The physician discounts are provided by Private Health Care Systems.

Imaging Network

- Save an average of 40% to 75% less than the usual costs for MRI, CT scans, and PET scans
 - Over 3,200 outpatient radiology facilities throughout the United States
 - Providers undergo a rigorous credentialing and peer review process for radiology quality
 - Multilingual call center
- Imaging services are provided by Galaxy Health Network.

Weight Loss Surgery

- A \$1,000 discount off the regular price for gastric banding weight loss surgery
- Access to a national network of over 100 participating locations

The lap band surgery discount is provided by the Gastric Banding Panel Group.

Medical Bill Negotiation Services

- 20% to 40% savings on medical bills when working with medical bill negotiation professionals
 - Consultations are available before seeking medical services, after a member has been treated and has a medical bill, or if a medical bill has been sent to a collection company
- The medical bill negotiation services are provided by Health Care Mediation.

Prescriptions

- Average savings of 15% to 20% on brand name drugs, and average savings of 25% on generic drugs
- Access to over 59,000 pharmacies such as CVS®, Wal-Mart®, Target®, Kroger®, Walgreens®, Rite Aid®, Publix®, Safeway®, Costco® and more

The prescription discounts are provided by WellDyneRx.

Vision Care

- 15% to 35% savings on eye exams, eyeglasses and contact lenses
- Access to over 34,000 participating providers nationwide

The vision care discounts are provided by VSP Choice AccessSM Plan.

Dental Care

- 5% to 60% savings on most dental procedures, including routine oral exams, unlimited cleanings, and major work such as dentures, root canals and crowns
- 5% to 20% savings on normal fees – where available – for specialties such as orthodontics, endodontics, oral surgery, pediatric dentistry, periodontics and prosthodontics
- Access to over 67,000 participating dentists and specialists nationwide

The dental care discounts are provided by Careington International Corporation.

LASIK Vision Correction Surgery

- 15% savings on standard prices, or 5% savings on promotional prices of LASIK vision correction surgery
 - Access to 570 locations nationwide
- The LASIK vision correction surgery discounts are provided by LCA-Vision's National Lasik Network.

Alternative Health & Wellness

- Save 25% on chiropractic services at more than 14,000 providers nationwide
 - More than 20,000 credentialed providers
 - Receive discounts on health and wellness products
- The health and wellness discounts are provided by American Specialty Health.

Additional Health Care Services

- Access to nurse triage services via a 24-hour toll-free number from CareNet
- Save 20% to 25% on the price of hearing aids at any of the 2,100 HearPO provider locations nationwide
- 10% to 80% off regular retail pricing of blood tests at over 3,000 certified labs nationwide with Direct Labs
- Life insurance quotes provided by Efinancial
- 20% to 40% savings on diabetic and medical supplies and more from Better Living Now
- Financing options for health care procedures from My Medical Loan.*



How to Join the Plan

1. Phone: (800) 400-8789
between 8:30am and 5:30pm CST
Monday through Friday
2. Online: www.careington.com
3. Fax: (877) 335-7811
4. Mail: Careington International Corporation
Attn: Member Services
7400 Gaylord Parkway
Frisco, TX 75034

Careington is the leading provider of health care and lifestyle discount plans in the industry.

- Everyone is accepted
- Unlimited plan usage, with no administrative forms to file
- Membership includes family members
- You can cancel in 30 days and receive a full refund, less your processing fee

Disclosures:

THIS PLAN IS NOT INSURANCE. THIS IS NOT A MEDICARE PRESCRIPTION DRUG PLAN.*

This plan does not meet the minimum creditable coverage requirements under M.G.L. c. 111M and 956 CMR 5.00. The plan provides discounts at certain health care providers for medical services. The range of discounts will vary depending on the type of provider and service. The plan does not make payments directly to the providers of medical services. Plan members are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount medical plan organization. You may access a list of participating health care providers at www.searchforaprovider.com. Upon request the plan will make available a written list of participating health care providers. You have the right to cancel within the first 30 days after receipt of membership materials and receive a full refund, less a nominal processing fee (nominal fee for MD residents is \$5). Discount Medical Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers. This program is not available in Montana and Vermont. *Medicare statement applies to MD residents when pharmacy discounts are part of program.



Offered by:
Careington International Corporation
www.careington.com

*Approval of an application may be required

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